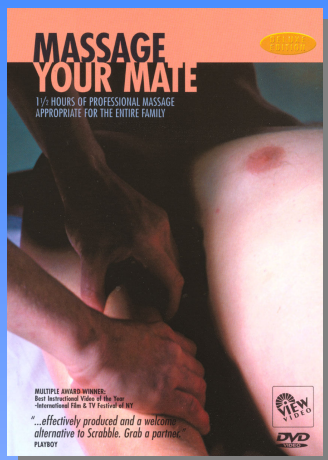


HEALTH & WELLNESS DVDs

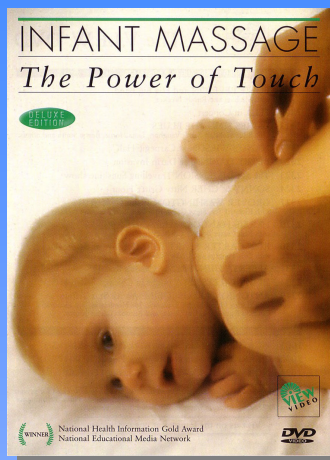


• Massage • Exercise • Childbirth & Care

MASSAGE THERAPY



MASSAGE YOUR MATE
UPC: 033909250290

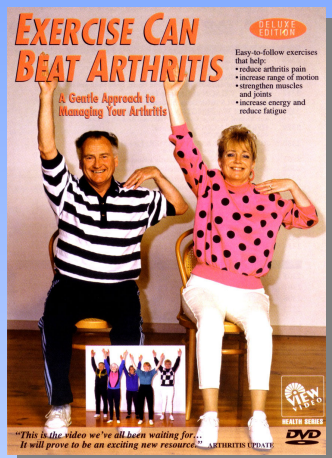


INFANT MASSAGE: The Power of Touch
UPC: 033909252096

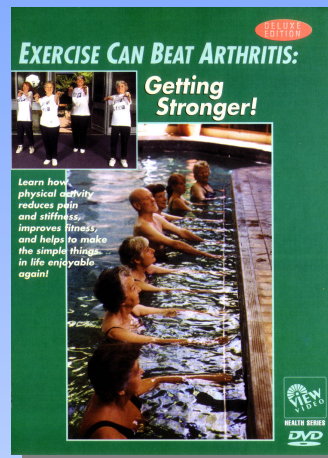


HEALTHY MASSAGE
UPC: 033909251198

EXERCISE

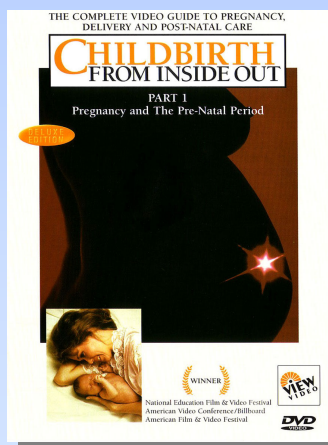


EXERCISE CAN BEAT ARTHRITIS:
UPC: 033909250597

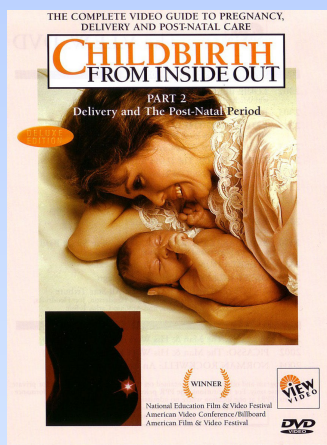


EXERCISE CAN BEAT ARTHRITIS: Getting Stronger!
UPC: 033909250696

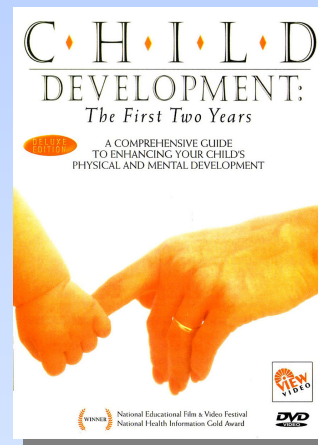
CHILDBIRTH & CARE



CHILDBIRTH FROM THE INSIDE OUT:
Part 1 (Pregnancy & The Pre-Natal Period)
UPC: 033909252195



CHILDBIRTH FROM THE INSIDE OUT:
Part 2 (Delivery & The Post-Natal Period)
UPC: 033909252294



CHILD DEVELOPMENT:
The First Two Years
UPC: 033909252393

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